

MONDAY

Gymnastics Timetable

		Caitlyn	Coach 1	Mirela	Megan	Shauna	Coach 2	Adarsh	Ilya		
9:00	9:30					Gym Tots					
9:30	9:45										
14:30	15:00										
15:00	15:30	Pre-School				Pre-School					
15:30	16:00			Pre-School				Recreational 1&2			
16:00	16:30		Recreational 1&2		Foundation				Development Boys Squad		
16:30	17:00	Foundation			Foundation			Recreational Boys 5-7			
17:00	17:30		Recreational 3&4	Rhythmic 5 - 7		Pre-Elite					
17:30	18:00						Elite Girls				
18:00	18:30	Recreational 4&5		Advance Rhythmic 9+				Recreational 3&4			
18:30	19:00		Advanced Recreational		Tumbling and Trampoline						
19:00	19:30	Recreational 4&5						Recreational Boys 8+	Pre Elite Boys		
19:30	20:00										
20:00	20:30										
20:30	21:00										

TUESDAY

Gymnastics Timetable

		Colin	Caitlyn	Coach 1	Mirela	Megan	Shauna	Coach 2	Sarah	Adarsh	Ilya
9:00	9:30										
9:30	10:00										
14:30	15:00										
15:00	15:30	Pre-School									
15:30	16:00		Pre-School		Pre-School					Pre School Boys	
16:00	16:30	Recreational 1&2		Foundation		Mini Squad	Development Squad			Recreational Boys 5-7	Foundation Boys
16:30	17:00		Recreational 3&4								
17:00	17:30	Recreational Beginners			Rhythmic 8+						
17:30	18:00		Recreational 3&4					Elite Girls	Pre Elite		
18:00	18:30				Advance Rhythmic 6 - 8					Recreational 3&4	Pre Elite Boys
18:30	19:00	Advanced Recreational	Recreational 4&5	Advanced Recreational		Foundation	Intermediate Recreational				
19:00	19:30									Recreational Boys 8+	
19:30	20:00										
20:00	20:30										
20:30	21:00										



WEDNESDAY

Gymnastics Timetable

		Kathryn	Caitlyn	Coach 1	Mirela	Megan	Shauna	Coach 2	Adarsh	Ilya
9:00	9:30						Gym Tots			
9:30	9:45									
14:30	15:00									
15:00	15:30		Pre-School				Pre-School			
15:30	16:00				Pre-School			Recreational 1&2		
16:00	16:30			Recreational 1&2		Foundation			Development Boys Squad	
16:30	17:00	Recreational 1&2	Foundation			Foundation		Recreational 3&4		
17:00	17:30			Recreational 3&4	Rhythmic 5-7yrs		Pre Elite			
17:30	18:00	Recreational 3&4						Elite Girls		
18:00	18:30		Recreational 4&5		Advance Rhythmic 9+			Recreational Boys 5-7		
18:30	19:00	Recreational 4&5		Advanced Recreational		Tumbling & Trampoline			Pre Elite Boys	
19:00	19:30		Recreational Beginners					Recreational Boys 8+		
19:30	20:00									
20:00	20:30									
20:30	21:00									



THURSDAY

Gymnastics Timetable

		Colin	Caitlyn	Coach 1	Mirela	Megan	Shauna	Coach 2	Sarah	Adarsh	Ilya
9:00	9:30										
9:30	10:00										
14:30	15:00										
15:00	15:30	Pre-School									
15:30	16:00		Pre-School		Pre-School					Pre School Boys	
16:00	16:30	Recreational 1&2		Foundation		Mini Squad	Development Squad			Recreational Boys 5-7	Foundation Boys
16:30	17:00		Recreational 3&4								
17:00	17:30	Recreational Beginners			Rhythmic 8+						
17:30	18:00		Recreational 3&4					Elite Girls	Pre Elite		
18:00	18:30				Advance Rhythmic 6 - 8					Recreational 3&4	Pre Elite Boys
18:30	19:00	Advanced Recreational	Recreational 4&5	Advanced Recreational		Foundation	Intermediate Recreational				
19:00	19:30									Recreational Boys 8+	
19:30	20:00										
20:00	20:30										
20:30	21:00										



FRIDAY

Gymnastics Timetable

		Caitlyn	Coach 1	Mirela	Megan	Shauna	Coach 2	Sarah	Adarsh	Ilya
9:00	9:30							Gym Tots		
9:30	9:45									
12:00	13:00									
13:00	13:30					Pre-School				
13:30	14:00			Pre-School	Pre-Mini			Recreational 1&2	Pre-School Boys	
14:00	14:30	Foundation	Recreational 1&2							Development Boys Squad
14:30	15:00								Recreational 1&2	
15:00	15:30	Foundation	Recreational Beginners	Rhythmic 5-7		Pre Elite				
15:30	16:00				Mini Squad		Elite Girls		Recreational Boys 5-7	
16:00	16:30	Recreational 3&4								
16:30	17:00		Advanced Recreational	Advance Rhythmic 9+					Recreational Boys 8+	Pre-Elite Boys
17:00	17:30	Recreational 4&5								
17:30	18:00									



SATURDAY

Gymnastics Timetable

		Colin	Coach 1	Coach 2	Sarah	Ilya					
9:00	9:30	Recreational 1&2	Recreational 3&4								
9:30	10:00	Recreational 1&2	Recreational 3&4								
10:00	10:30	Recreational 1&2	Recreational 3&4			Pre-Elite Boys					
10:30	11:00	Recreational 1&2	Recreational 3&4	Elite Girls	Pre Elite						
11:00	11:30	Recreational Boys	Foundation								
11:30	12:00	Recreational Boys	Foundation			Foundation Boys					
12:00	12:30		Foundation			Foundation Boys					
12:30	13:00		Foundation			Foundation Boys					
13:30	14:00										
14:30	15:00										

SUNDAY

Gymnastics Timetable

		Adarsh	Caitlyn			Megan	Shauna	Mirela	Renjith		
9:00	9:45	Recreational 1&2	Foundation	11:45	12:30		Gym Tots				
9:30	10:00			12:30	13:00						
10:00	10:30	Recreational Boys 5-7		13:00	13:30	Pre Minis	Pre-School	Pre-School	Pre-School		
10:30	11:00		13:30	14:00							
11:00	11:30	Recreational Boys 8+	Recreational 3&4	14:00	14:30	Mini Squad	Recreational 3&4	Rhythmic 5-7	Recreational 1&2		
11:30	12:00			14:30	15:00						
12:00	12:30			15:00	15:30						
12:30	13:00	Recreational Beginners	Recreational 4&5	15:30	16:00	Development Squad	Rhythmic 8+	Recreational 3&4			
13:00	13:30			16:00	16:30						
13:30	14:00			16:30	17:00	Foundation	Advance Rhythmic 6-8	Recreational Boys			
				17:00	17:30						
				17:30	18:00						