MONDAY



		Caitlyn	Coach 1	Mirela	Megan	Shauna	Coach 2	Adarsh	llya	
9:00	9:30					Gym Tots				
9:30	9:45					Cynn Iots				
14:30	15:00									
15:00	15:30	Due Celesel				Due Calcad				
15:30	16:00	Pre-School		Pre-School		Pre-School		Recreational		
16:00	16:30		Recreational					1&2		
16:30	17:00		182					Recreational		
17:00	17:30	Foundation	Recreational	Rhythmic	Foundation			Boys 5-7	Development Boys Squad	
17:30	18:00		3&4	5 - 7		Pre-Elite				
18:00	18:30	Deerectional					Elite Girls			
18:30	19:00	Recreational 4&5		Advance Rhythmic	Turablina			Recreational 3&4		
19:00	19:30		Advanced Recreational	9+	Tumbling and Trampoline				Pre Elite Boys	
19:30	20:00	Recreational 4&5						Recreational Boys 8+	2090	
20:00	20:30									
20:30	21:00									
20.00	21.00									

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TUESDAY



		Colin	Caitlyn	Coach 1	Mirela	Megan	Shauna	Coach 2	Sarah	Adarsh	
9:00	9:30										
9:30	10:00										
14:30	15:00							 			
15:00	15:30	Dro. Cohool									
15:30	16:00	Pre-School								Dro Cobool Dorro	
16:00	16:30	Recreational	Pre-School		Pre-School					Pre School Boys	
16:30	17:00	182	Recreational	E a calcular						Recreational	Fou
17:00	17:30	Recreational	3&4	Foundation	Rhythmic	Mini Squad	Development Squad			Boys 5-7	
17:30	18:00	Beginners	Recreational		8+		• •				
18:00	18:30		3&4					Elite Girls	Pre Elite	Recreational	Pr
18:30	19:00	Advanced	Recreational	Advanced	Advance Rhythmic					3&4	
19:00	19:30	Recreational	4&5	Recreational	6 - 8	Foundation	Intermediate Recreational			Recreational	
19:30	20:00									Boys 8+	
20:00	20:30										
20:30	21:00										

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WEDNESDAY

		Kathryn	Caitlyn	Coach 1	Mirela	Megan	Shauna	Coach 2	Adarsh	llya	
9:00	9:30						Gym Tots				
9:30	9:45						Oyni iots				
14:30	15:00										
15:00	15:30		Pre-School				Dre Cebeel				
15:30	16:00		Fre-School		Dro. Cobool		Pre-School		Recreational		
16:00	16:30			Recreational	Pre-School				1&2		
16:30	17:00	Recreational	Foundation	1&2		E a cala tha			Recreational	Development	
17:00	17:30	1&2	Foundation	Recreational	Rhythmic	Foundation	Pre ELite		3&4	Boys Squad	
17:30	18:00	Recreational		3&4	, 5−7yrs						
18:00	18:30	3&4	Recreational					Elite Girls	Recreational		
18:30	19:00	Recreational	4&5	Advanced	Advance Rhythmic	Tumbling			Boys 5-7	Pre Elite	
19:00	19:30	4&5	Recreational	Recreational	9+	& Trampoline			Recreational	Boys	
19:30	20:00		Beginners						Boys 8+		
20:00	20:30										
20:30	21:00										

THURSDAY

Gymnastics Timetable

		Colin	Caitlyn	Coach 1	Mirela	Megan	Shauna	Coach 2	Sarah	Adarsh	
9:00	9:30										
9:30	10:00										
14:30	15:00										
15:00	15:30	Dre Cebeel									
15:30	16:00	Pre-School								Pre	
16:00	16:30	Recreational	Pre-School		Pre-School					School Boys	
16:30	17:00	1&2	Recreational	F 1.11						Recreational	Fou
17:00	17:30	Recreational	3&4	Foundation	Rhythmic	Mini Squad	Development Squad			Boys 5-7	
17:30	18:00	Beginners	Recreational		8+						
18:00	18:30		3&4				_	Elite Girls	Pre Elite	Recreational	Pr
18:30	19:00	Advanced	Recreational	Advanced	Advance Rhythmic					3&4	
19:00	19:30	Recreational	4&5	Recreational	6 - 8	Foundation	Intermediate Recreational			Recreational	
19:30	20:00									Boys 8+	
20:00	20:30										
20:30	21:00										

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		Caitlyn	Coach 1	Mirela	Megan	Shauna	Coach 2	Sarah	Adarsh	llya
9:00	9:30							Gym Tots		
9:30	9:45									
12:00	13:00									
13:00	13:30					Pre-School				
13:30	14:00			Pre-School				Recreational	Pre-School	
14:00	14:30		Recreational		Pre-Mini			1&2	Boys	Development
14:30	15:00		1&2						Recreational	Boys Squad
15:00	15:30	Foundation	Recreational	Rhythmic		Pre Elite			1&2	
15:30	16:00		Beginners	5-7	Mini		Elite		Recreational	
16:00	16:30	Recreational			Squad		Girls		Boys 5-7	
16:30	17:00	3&4	Advanced	Advance Rhythmic 9+					Recreational	Pre-Elite
17:00	17:30	Recreational	Recreational						Boys 8+	Boys
17:30	18:00	4&5								

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SATURDAY



		Colin	Coach 1	Coach 2	Sarah
9:00	9:30	Recreational	Recreational		
9:30	10:00	1&2	3&4		
10:00	10:30	Recreational	Recreational		
10:30	11:00	1&2	3&4	Elite Girls	Pre Elite
11:00	11:30	Recreational			
11:30	12:00	Boys	Foundation		
12:00	12:30		roundation		
12:30	13:00				
13:30	14:00				
14:30	15:00				

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h	llya			
	Pre-Elite Boys			
te				
	F 1			
	Foundation Boys			
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SUNDAY

(7	V	m

		Adarsh	Caitlyn			Megan	Shauna	Mirela	Renjith	
9:00	9:45	Recreational 1&2	Foundation	11:45	12:30		Gym Tots			
9:30	10:00			12:30	13:00					
10:00	10:30	Recreational Boys 5-7		13:00	13:30	Pre Minis	Pre-School	Pre-School	Pre-School	
10:30	11:00			13:30	14:00					
11:00	11:30	Recreational Boys 8+	Recreational 3&4	14:00	14:30		Recreational 3&4	Rhythmic 5-7	Recreational 1&2	
11:30	12:00			14:30	15:00					
12:00	12:30			15:00	15:30	Mini Squad			Recreational	
12:30	13:00	Recreational Beginners	Recreational 4&5	15:30	16:00		Development Squad	Rhythmic 8+	3&4	
13:00	13:30			16:00	16:30				Recreational	
13:30	14:00			16:30	17:00	Foundation		Advance Rhythmic 6-8	Boys	
				17:00	17:30					
				17:30	18:00					

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