



DESTINATION

# SRI LANKA

SURF YOUR DREAM TO  
**AHANGAMA**



THE SURFING WEEK



# SCHEDULE OF ACTIVITIES

TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	
6:00 AM	WELCOME ARRIVAL	SURF	SURF	SURF	LAY DAY	SURF	SURF	DEPARTURE	
7:00 AM									
8:00 AM									
9:00 AM		BREAKFAST				BREAKFAST			
10:00 AM		VIDEO ANALYSIS OR WORKSHOPS				VIDEO ANALYSIS OR WORKSHOPS			
11:00 AM									
12:00 PM		CHILL OR ADD ON ACTIVITIES				CHILL OR ADD ON ACTIVITIES			
1:00 PM		LUNCH				LUNCH			
2:00 PM		CHILL OR ADD ON ACTIVITIES				CHILL OR ADD ON ACTIVITIES			
3:00 PM		YOGA				YOGA			
4:00 PM	SURF	CHILL OR ADD ON ACTIVITIES	SURF	SURF		SURF	SURF		
5:00 PM									
6:00 PM									
7:00 PM	DINNER								
8:00 PM	FREE TIME								
9:00 PM									
10:00 PM									



# TRAVEL INFO

## Flights

We will always recommend the flight options, however, you are free to choose your own and catch us up on the meeting time. Upon arrival, The Surfing Week team will arrange your airport transfers.

If you are already there, or you wish to manage your flights on your own, you need to pick a suitable time to fly, and keep us in your plans to arrange your airport transfer.

**Note:** \*Flights are not included in our packages

## Visa

Before departing for your adventure, you need to prepare yourself with the information about the Visa and requirements to enter your destination country.

**Note:** \*Visas are not included in our package

## COVID-19 Protocols

Rules around COVID-19 are still in place in many countries around the world.

Based on the destination, we will advise on the rules & regulations and try to stay up to date, however, please do your checks always with your airlines carriers.

**Note:** \*Tests, vaccinations, etc are not included in our package

## Travel Insurance

Travel insurance is mandatory, please make sure you have a travel insurance which covers action sports as well as COVID-19.

**Note:** \*Travel insurance is not included in our package

**Recommended insurance provider:**

<https://www.worldnomads.com/travel-insurance>





# LOCATION

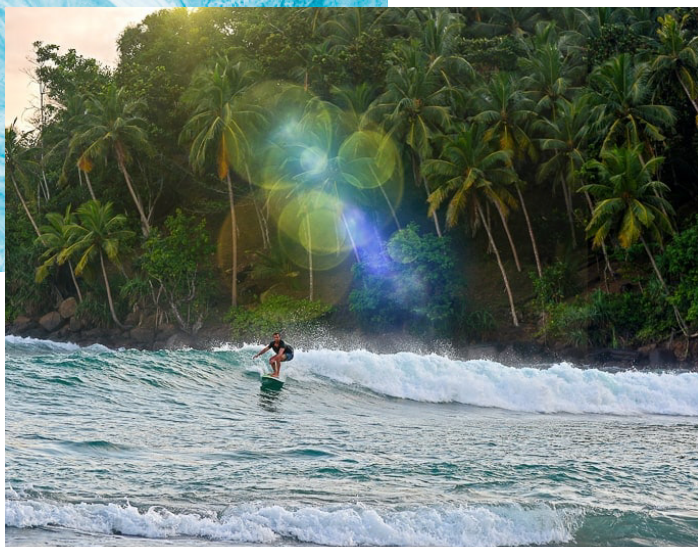


## Soul & Surf - Tekanda Retreat

### Ahangama, South West Coast

Tekanda offers a special soulful all-inclusive surf, yoga & therapy experience for our guests. The retreat has amazing architecture and is set in a jaw-dropping location only 5 mins ride to the the surfing beach. The team love the beach, love to surf and spend as much time as they can covered in sand and salt.

But it is also really, really nice to get a little change of scenery after our beach times and see the other side of this lush, biodiverse country. And you do not need to go very far to see it.



Head inland from Kabalana Beach and in a few minutes you are surrounded by the trees, paddy fields and nature. Palm trees, yes, but the other, diverse tropical rainforest lowlands too.

From the retreat, you can see one of our favourite places, Koggala Lake, and even spy the Indian Ocean.



# ACCOMMODATION

## All Rooms feature

- ✓ AC
- ✓ En-suite
- ✓ Private verandas
- ✓ Shared lounge area

## Room Types

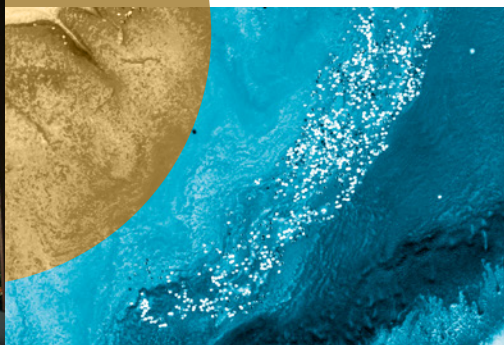
### Twin or Double Room

The four large bedrooms within the main house have a lounge area, hand-made wardrobes, AC, en-suite bathrooms and private verandas with views over the surrounding lowlands and paddy fields, plus a gorgeous central courtyard.

There is also direct access to a shared day-room with day-beds. These rooms sleep two and can be arranged as a double or a twin. If you're traveling alone we offer these as shared rooms, or you can pay extra to have it to yourself. There's also plenty of room to add a spare bed for kids or friends that would like to share.



## Room Types



### Cabana Suite

The two spacious cabana suites come complete with private verandahs overlooking the paddy fields. The cabana suites are set away from the other rooms, offering a little more privacy and space. They come with an AC & ensuite bathroom.

They are both enormous with a lounge and living area and are perfect for bringing the family or friends along – contact us directly if that’s your plan – or just having a lot of space and privacy for yourselves.





# Room Configuration & Packages



Room Type

Number  
of Rooms

Max  
Guests



Full Board  
(3 meals incl.)

## Twin or Double Room

- 1 Double Bed or 2 Single Beds
- 2 Guests

2

4

Price per Person  
AED 7,250

## Cabana Suite

- 1 Double Bed
- 2 Guests

2

4

Price per Person  
AED 8,250





# WHAT'S INCLUDED

## All Rooms feature

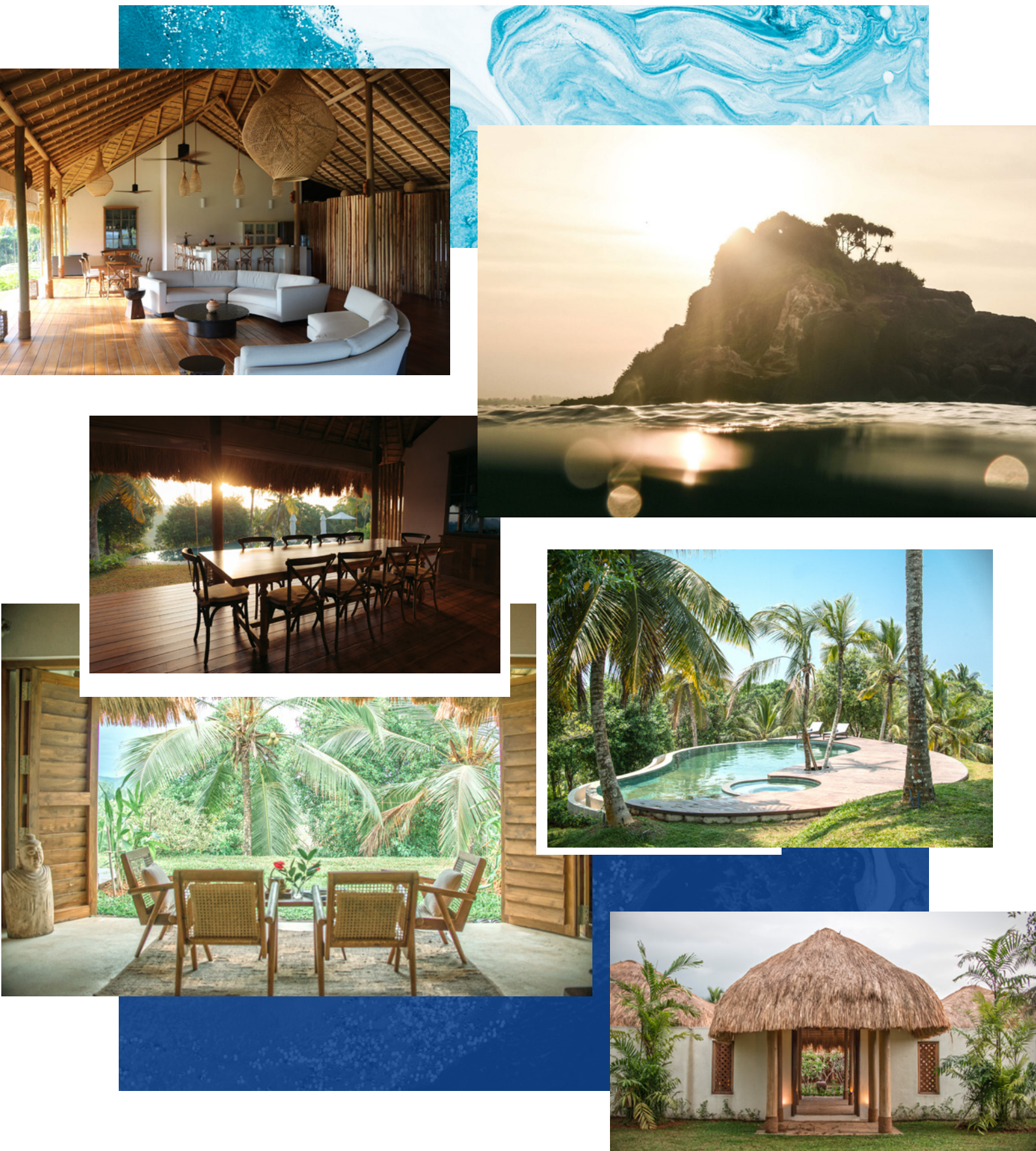
- ✓ 5 x Surf lessons across the week
- ✓ 5 x Guided 'free-surf sessions
- ✓ 5 x Surfing workshops
- ✓ 4 x Surf video analysis sessions
- ✓ 7 x Yoga classes
- ✓ Surfboards and surfing equipment
- ✓ Lux accommodation and towels
- ✓ 3 x Meals a day
- ✓ Extra fruit, snacks, tea & coffee available throughout the day
- ✓ Free flowing filtered drinking water, fruit + coconuts
- ✓ WIFI
- ✓ 1 x Cooking demo
- ✓ 1 x Guided nature walk on the estate
- ✓ 1 x Welcome cocktail
- ✓ 1 x Cocktail @ BBQ Party night
- ✓ 1 x Beer, wine, or softdrink with evening meal
- ✓ 2 x Group Sri Lanka airport transfers (fixed time)
- ✓ Two trees planted per person (via Mossy Earth)



# WHAT'S NOT INCLUDED

- Flights
- Travel Insurance
- Covid-19 Protocols (tests, vaccinations, etc)
- Surf transport outside of "The Surfing Week" surf session
- Drinks and meals outside of full board

# GALLERY



# TO KNOW MORE

Tony Small

M: +971 54 4327003

Whats App: +971 50 2895842

Email: [tony@thesurfingweek.com](mailto:tony@thesurfingweek.com)

or

[info@thesurfingweek.com](mailto:info@thesurfingweek.com)



YOUR NEXT ADVENTURE AWAITS

[thesurfingweek.com](https://thesurfingweek.com)